

NEVER TOO LATE

AT 66, AGNES FOY IS PROOF POSITIVE THAT THE LEARNING JOURNEY JUST GOES ON AND ON.

As Senior House Manager for Alpha Homes, and manager-in-residence The Mount – a unit of 19 sheltered flats for the elderly in Bebington, Wirral – Agnes enjoys total job satisfaction. Offering safe and secure, independent living for her 21 residents, she never tires of making their lives interesting and fun.

With weekly activities, including breakfasts, Bingo, day trips, parties, and even holidays, she encourages an active, happy life for all who come through her doors.

As experienced as she is, however, Agnes always recognises the need to keep up to date with the latest working practices. She didn't hesitate to start on an NVQ Level 3 qualification in Health and Social Care (Adults). "Although I've learned so much over the years from just doing the job, there are always new regulations to be aware of, from fire precautions to food and hygiene.

Security is a big thing, particularly with elderly residents who may be nervous living on their own after losing a partner. My NVQ has kept me knowledgeable and in touch with the issues that will help them to lead happy, healthy lives. That gives their families peace of mind as well."



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